

ALMOND JOY PROTEIN BALLS

These little gems taste a lot like the real thing, still a sweet treat but with the added benefit of protein and real ingredients. Courtesy of one of our Territory Guides, Megan Crozier.



GRAB YOUR FOOD PROCESSOR OR BLENDER

Yield: 10-12 balls

Ingredients:

1 cups dates
2 cups almonds
1 cup shredded coconut, unsweetened
2 tbsp coconut milk
2 scoops collagen peptides or plant protein powder
2 tbsp cacao powder

Steps:

1. Start with the dates, blend/process until ball is formed.
2. Remove dates (put aside) and process almonds and shredded coconut together. Set some extra coconut aside for topping.
3. Add dates back in along with milk, protein powder, cacao powder and process until well incorporated.
4. Form balls and roll in shredded coconut. Set on parchment lined flat surface. Chill or enjoy right away. Store in refrigerator.